

## **3pG Prayer and Fasting – SECRETS OF SPIRITUAL STABILITY**

## Monday 2nd September 2019 - Day 1

## **BUILDING BLOCK 4: PATIENCE**

Breaking of Bread: 2 Peter 1:1-6, 8, 10-11

# An online dictionary define **patience as the capacity to accept or tolerate delay, problems, or suffering without becoming annoyed or anxious.**

Patience is not a virtue you employ when things are right, a perfect situation required no patience. A perfect spouse will need no patience to leave with. An obedient child or an easy going subordinate will need no patience to deal with. Patience can only be deploy when things are going contrary to one's expectations. If everything goes as you want, then you have no need of patience. Patience is a nature of God we learn through adversity. It is by patience God teaches us spiritual maturity. A healthy person have no need to patiently wait on God for healing and restoration of health, it takes someone with health challenges to do that.

A married woman with her own children have no need of patience for the fulfillment of God's promises on fruitfulness. The waiting womb learn obedience and patience through delay, no wonder children from such wombs are sometimes very special. If you doubt it, ask Sarah, Rachel, Hannah, Elizabeth etc. They waited patiently till they had the promise. There is no

impatience Christian in heaven. A heart full of patience in the face of trials, difficulties, sicknesses and adversities is a blessed heart, even God have deep respect for such. Wait on the Lord, I say wait (Psalms 27:14).

Patience brings in its path opportunity to wait, waiting produces experience and experience birth emotional and spiritual maturity. Patience is one of the fruit of the Spirit and one of the seven qualities that guarantees spiritual stability.

#### **Thanksgiving:**

Sing and Praise God for chosen you to hear and pray through these truths. Thank Him for opening your eyes and given your hearts understanding of scriptural mysteries.

#### **Theme Song:**

1. My hope is built on nothing less	2. When He shall come with trumpet sound,
Than Jesus' blood and righteousness;	Oh, may I then in Him be found,
I dare not trust the sweetest frame,	Clothed in His righteousness alone,
But wholly lean on Jesus' name.	Faultless to stand before the throne!
On Christ, the solid Rock, I stand;	On Christ, the solid Rock, I stand;
All other ground is sinking sand.	All other ground is sinking sand.

## **BUILDING BLOCK 4: PATIENCE**

Every man/woman that want to walk with God, must as a matter of truth, pass through a phase/phases that will teach him/her the lessons of patience and the earlier we learn, the better and faster our peace, and the quicker we go on to perfection, stability and rest in Him.

Psalms 27:14 Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.

Psalms 37:7 Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.

1. Father, I will wait on You, it may look gloomy and dark but I know Your light will soon shine on me. I will wait in Jesus Christ Mighty Name. Amen

2. My rest is in God, I will look away from my changes and the facts around me. I will wait patiently on God in Jesus Name. Amen

3. I say no more worries and fears, God is my rest and stay from now henceforth in Jesus Mighty Name. Amen

Lamentations 3:25 The LORD is good unto them that wait for him, to the soul that seeketh him.

Lamentations 3:26 It is good that a man should both hope and quietly wait for the salvation of the LORD.

4. The Lord is good unto them that wait for him, I will not be the exception in Jesus Name. Amen

5. I will not lose hope, I will quietly wait for the God of my deliverance in Jesus Name. Amen

2 Thessalonians 3:5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

## 1 Peter 5:10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.

6. My Love for God will not grow cold, despite my challenge, God will keep my heart and soul in the love of Jesus Christ in Jesus Name. Amen

7. My season of waiting will end in praise in Jesus Name. Amen

8. As I wait, God will perfect all things concerning me, He will establish and strengthen me and He will settle me as He has promised in Jesus Name. Amen

Romans 5:3-5 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope: And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

9. I'm growing into maturity in Jesus Christ, my challenges will produce patience in me and my patience will bring spiritual and emotional growth for me in Jesus Name. Amen

The ungrateful cannot have patience. The discontented cannot have patience, and the arrogant cannot have patience but those that are God's must patiently wait for Him. Patience come with humility. Where there is no patience, there cannot be trust.

Ecclesiastes 7:8 Better is the end of a thing than the beginning thereof: and the patient in spirit is better than the proud in spirit.

Daniel 3:17-18 If it be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of thine hand, O king. But if not, be it known unto thee, O king, that we will not serve thy gods, nor worship the golden image which thou hast set up. 10. I am not an ungrateful soul, and I am not an arrogant and discontented person, I will wait patiently on God in the spirit of humility until my miracle comes in Jesus Name. Amen

Only the patience in heart can praise God as all times, in the good time and in the not so good time.

Psalms 34:1-5 I will bless the LORD at all times: his praise shall continually be in my mouth...I sought the LORD, and he heard me, and delivered me from all my fears. They looked unto him, and were lightened: and their faces were not ashamed.

Philippians 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

11. I will bless the Lord at times, I will sing to God, I will not close my mouth nor bow my head in worries in Jesus Name. Amen

Healing process work more with patience and trust. Sometimes, it is not the sickness or the trouble that kill, it is impatience, worries and multiple cares that weary the heart.

## Job 19:25-26 For I know that my redeemer liveth, and that he shall stand at the latter day upon the earth: And though after my skin worms destroy this body, yet in my flesh shall I see God:

12. I know my redeemer liveth, He will never abandon me, I will see God in my situation and trials in Jesus Name. Amen

Revelations and deep secret things of God that are very personal and that are beneficial to one's family will come only to the patience in heart. The impatience and the worried heart can hardly hear God speak. Hebrews 12:2 Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

Romans 16:25 Now to him that is of power to stablish you according to my gospel, and the preaching of Jesus Christ, according to the revelation of the mystery, which was kept secret since the world began, Ephesians 3:3 How that by revelation he made known unto me the mystery; (as I wrote afore in few words,

13. Impatience will not rob me of divine revelations about me and about my children and about family in Jesus Name. Amen

14. (i) I repent from past habits of impatience. I will no longer be blind and void of understanding of spiritual things in respect of my life and the lives of my loved ones in Jesus Name. Amen

(ii) Henceforth, I will be deliberate, determined, diligent and intentional about adding patience to my life in Jesus Name. Amen

15. Add your personal and family prayer requests.

16. Cover all prayers with the Blood of Jesus Christ and seal them with Amen.

May you not be counted among them who draw back unto perdition, may your feet not fall off the grace of Jesus Christ and May you by Him find strength and grace for spiritual stability, now and always in Jesus Christ Mighty Name. Amen and Amen

Happy Covenant of Words - Isaiah 59:21

- Group Admin, 3pG.