



Praying Parents Prayer Group Christian Ministry

3pG Preparatory Prayers and Lessons – SECRETS OF SPIRITUAL STABILITY

Saturday 31st August 2019 - Day 4

BUILDING BLOCK 3: TEMPERANCE

Breaking of Bread: 2 Peter 1:1-6, 8, 10-11

Summary of Secrets of Spiritual Stability and its seven building blocks so far covered:

- 1. Add Virtue to faith:** Increasingly and deliberately making ones Christian life beautiful for others to see through personal enviable habits and noble character.
- 2. Add Knowledge to virtue:** Increasingly and deliberately searching for and knowing more about God and about the truth through regular personal withdrawal from God's knowledge Bank, the Bible.

And for today, we are charged to add **Temperance** to knowledge. Tolerance is the ability to tolerate others more than expected and more than necessary, irrespective of their views and background, for the sake of the Kingdom or to endure harsh conditions for the sake of your family or general good of others. And on personal level, it also mean ability to self-control your appetite and moderate your desires for the sake of your Christian profession. Christians must be moderate in all things, especially in our appetite for gain and beauty.

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Tolerance is also a virtue, yet Apostle Peter by the leading of the Holy Spirit, singled it out for special consideration as a major and third building block of the spiritual man.

Thanksgiving:

Sing and Praise God for chosen you to hear and pray through these truths. Thank Him for opening your eyes and given your hearts understanding of scriptural mysteries.

Theme Song:

1. My hope is built on nothing less

**Than Jesus' blood and
righteousness;**

I dare not trust the sweetest frame,

But wholly lean on Jesus' name.

On Christ, the solid Rock, I stand;

All other ground is sinking sand.

2. When He shall come with trumpet sound,

Oh, may I then in Him be found,

Clothed in His righteousness alone,

Faultless to stand before the throne!

On Christ, the solid Rock, I stand;

All other ground is sinking sand.

BUILDING BLOCK 3: TEMPERANCE

Believers should expect provocations and provocative actions or words, especially from family members, neighbours and lovers, and those they hold in high esteem as litmus test for their faith and to test their knowledge and understanding of the Spirit of God in them. The disciples learned this lesson directly from the Lord Himself when He rebuked their lack of temperance in Luke 9:53-56. He said to them "**Ye know not**" (you lack true knowledge) of the Spirit within you. That's why tolerance will be difficult unless you add knowledge to virtue first. Ability to tolerate others, especially your spouse,

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children, neighbors and coworkers will make you a better Christian and true covenant carrier and it's all dependent on your level of spiritual understanding (spiritual knowledge). It will take personal determination and a lots of spiritual efforts to scale this hurdle.

Luke 9:54-55 And when his disciples James and John saw this, they said, Lord, wilt thou that we command fire to come down from heaven, and consume them, even as Elias did? But he turned, and rebuked them, and said, Ye know not what manner of spirit ye are of.

1. Father, help me to have true understanding of Your Spirit within me in Jesus Name. Amen

2. For by strength shall no man prevail, Father please help me, my strength alone is not enough in Jesus Name. Amen

3. I say enough is enough to all forms of irritable (annoying) character that may be manifesting through me in Jesus Name. Amen

4. I have been called to glory and virtue, therefore lack of tolerance and judgmental behavior will have no place in me and in my house in Jesus Name. Amen

Tolerance is a gift of mercy, to have mercy on others despite them. As we have received mercies of God despite our imperfections, so we must show mercy to others, beginning with our spouses and our children and then to others outside our families.

Luke 6:31 And as ye would that men should do to you, do ye also to them likewise.

Luke 10:37 And he said, He that shewed mercy on him. Then said Jesus unto him, Go, and do thou likewise.

5. I have received mercy, I will also show mercy beginning from my family members and to every single person God will bring my way henceforth in Jesus Name. Amen

6. I say no to the spirit of superiority complex that's making me to look down on others as though I'm more important than them, I will not be difficult and unapproachable in Jesus Name. Amen

7. I will no longer act proudly to my spouse nor to any other person God has blessed me with (Secularly and spiritually). I will be an example of a covenant carrier that's adding tolerance to knowledge in Jesus Christ Mighty Name. Amen

Tolerance is also a product of contentment. A discontented person will naturally be irritated by or with everything, anyone and anything around him/her.

Luke 3:14 And the soldiers likewise demanded of him, saying, And what shall we do? And he said unto them, Do violence to no man, neither accuse any falsely; and be content with your wages.

1 Timothy 6:6 But godliness with contentment is great gain.

Hebrews 13:5 Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

8. I have the spirit of contentment, my appetite for gain and profit will not control me, I will be in charge of my own spirit in Jesus Christ Mighty Name. Amen

9. I have a promise, He said, "I will never leave thee, nor forsake thee." I'm contented with this promise and its fulfilment as a covenant carrier in Jesus Name. Amen

10. Beginning from my family to others outside my home, I will not be irritable, intolerant and difficult to appease because of discontentment and covetousness in Jesus Name. Amen

As said in the introduction, tolerance also mean self-control and moderation in all things, especially in our appetites for food, sexual desire and relationships with opposite sex, money and position of power, clothing, clothing accessories and make up. Here's what a member of the Group, who lives in the UK told me while we talked last Tuesday night on a neutral issue and I think her statement says it all about Christian dressings: "And recently I went to an event centre during this holiday just to take kids out. When I got there, I saw large group of people, mostly properly dressed. I knew straight away they are Christian's and it was a concert."

She just knew they were Christians by their dressings, this happened recently in the UK. If you have not gotten to that level where by your dressing others can say you are a Christian, then you are not operating at this level of temperance yet. Apostle Peter said, we must be diligent and deliberate in doing this: build temperance (moderate and reasonable in all things) on knowledge. We can't dress like them, be like them and expect to be different from them, no wonder our lives is not attracting them to the Lord, to the God of our Covenant and to our Covenant.

1 Corinthians 6:12 All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any. 1 Corinthians 10:23 All things are lawful for me, but all things are not expedient: all things are lawful for me, but all things edify not.

11. My appetite for food, clothing and make up will not be possessive, I will not be brought under the power of any of them in Jesus Name. Amen

12. My appetite will not be the reason for the fall of others, I am a covenant carrier and not an agent of lust and immoderate (unreasonable and inappropriate) behaviour in dressings and lifestyle in Jesus Name. Amen

Philippians 4:5 Let your moderation be known unto all men. The Lord is at hand.

13. Henceforth, I will be moderate and considerate in my appearance and look, and I will say no to all forms of provocative and intolerant dressings and make up (both for me and for the children) in Jesus Name. Amen

14. Father, as imperfect as I am, please keep tolerating me in Your mercy and gently leads me towards perfection in Jesus Name. Amen

15. Add your personal and family prayer requests.

16. Cover all prayers with the Blood of Jesus Christ and seal them with Amen.

May you not be counted among them who draw back unto perdition, may your feet not fall off the grace of Jesus Christ and May you by Him find strength and grace for spiritual stability, now and always in Jesus Christ Mighty Name. Amen and Amen

Happy Covenant of Words - Isaiah 59:21

- Group Admin, 3pG.