



# Praying Parents Prayer Group Christian Ministry

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## 3pG Fasting and Praise - Heart of Gratitude (2)

WEDNESDAY 8TH MAY 2019 – DAY 3

THANK GOD FOR STRENGTH AND GOOD HEALTH

Breaking of Bread: Deuteronomy 33:24-29

### HYMN FOR THE DAY

#### PRAISE HIM PRAISE HIM

1. Praise Him! praise Him! Jesus,  
our blessed Redeemer!

Sing, ye saints! His wonderful  
love proclaim!

Hail Him! hail Him! mightiest  
angels in glory;

Strength and honor give to His  
holy name!

Like a shepherd, Jesus will feed  
His people,

In His arms He carries them all  
day long;

O ye saints that live in the light of  
His presence,

Praise Him! praise Him! ever in  
joyful song!

2. Praise Him! praise Him! Jesus,  
our blessed Redeemer,

For our sins He suffered and bled  
and died;

He, our Rock, our Hope of  
eternal salvation,

Hail Him! hail Him! Jesus, the  
Crucified;

Contact: [www.3pgchristianministry.org](http://www.3pgchristianministry.org) Tell: +2348134016069, +2348062860205 or e-mail -  
[prayingfamilies@yahoo.com](mailto:prayingfamilies@yahoo.com)

Loving Savior, meekly enduring  
sorrow,  
Crowned with thorns that cruelly  
pierced His brow;  
Once for us rejected, despised,  
and forsaken,  
Prince of Glory, ever triumphant  
now.

**3.** Praise Him! praise Him! Jesus,  
our blessed Redeemer,  
Heavenly portals, loud with  
hosannahs ring!

Jesus, Savior, reigneth for ever  
and ever;  
Crown Him! crown Him! Prophet  
and Priest and King!  
Death is vanquished! Tell it with  
joy, ye faithful,  
Where is now thy victory,  
boasting grave?  
Jesus lives! No longer thy portals  
are cheerless;  
Jesus lives, the mighty and strong  
to save.

God is not just interested in our spiritual wellness but He's also very much concern about our physical and emotional strength. It is His will we serve Him in strength, good bodily health, with sound mental and emotional wellness. I have studied saints of old, men and women of faith before us in the Bible, no single one of them was feeble or got sick for a long time by some strange ailment and incapable of sound mental and emotional judgements, even Job at the height of his temptation, which was permitted by God, his senses and mental abilities was never affected. They all served God in strength and good health, our lives can follow the same pattern if we believe Him for His Word. For this reason we will thank God for His plan for our bodies and for our emotional and mental wellness.

## **THANK GOD FOR STRENGTH, EMOTIONAL WELLNESS AND GOOD HEALTH**

1. Sing the theme song and many other spiritual songs to reverence God for His mercies and grace.

**Kabioosi o (2x)**

**You are the God of heaven and the earth**

**Kabioosi o, Kabioosi.**

Moses prayed according to the will of God for Asher that God will bless him with children, favour him before his own people and dip his foot in oil (that is physical and emotional prosperity and general wellness in life). That's the same mind he has for us even today.

**Deuteronomy 33:24 And of Asher he said, Let Asher be blessed with children; let him be acceptable to his brethren, and let him dip his foot in oil.**

2. Father once again, thank You for blessing us with children, and for favouring us with your favour before all men in Jesus Name.

3. Father thank You for dipping our feet in oil. Thanks for smooth and obvious physical and mental prosperity in Jesus Name.

**Deuteronomy 33:25 Thy shoes shall be iron and brass; and as thy days, so shall thy strength be.**

4. Father thank You, You have made my shoes like iron and brass to pull down the enemies of the family.

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5. Thank God for He will make you age in grace and in good bodily health in Jesus.

6. Lord I thank You for as my days so is my strength. Thank You Father because I know you will bless me with good health as I grow in age in Jesus Name.

**Deuteronomy 33:26 There is none like unto the God of Jeshurun, who rideth upon the heaven in thy help, and in his excellency on the sky.**

**Deuteronomy 33:27 The eternal God is thy refuge, and underneath are the everlasting arms: and he shall thrust out the enemy from before thee; and shall say, Destroy them.**

7. Father thank you for being my refuge and for assurances of Your everlasting arms underneath me and my household in Jesus Name.

8. Thank You Father for visiting my household and all other household in 3pG week in week out. Thank You

**Deuteronomy 33:28 Israel then shall dwell in safety alone: the fountain of Jacob shall be upon a land of corn and wine; also his heavens shall drop down dew.**

9. Father, thank You for making us to dwell in safety. No robber attack in our homes, no physical or mental assaults/overcoming to overthrow our faith

**Deuteronomy 33:29 Happy art thou, O Israel: who is like unto thee, O people saved by the LORD, the shield of thy help, and who is the sword of thy excellency! and thine enemies shall be found liars unto thee; and thou shalt tread upon their high places.**

10. Father thank You because all our enemies are put to shame. Their strength forsook them but for us our Strength is God the Maker of heavens and the aid.

11. Thank God for what He has in store for us and our families in the May 18 Couples Retreat, and for renewal of the Covenant of Words, comfort, peace and rest in all our homes and families come May 18, 2019 in Jesus Name. Amen!

12. Thank God for members and children having birthdays or wedding anniversary or both this month. Bless God for the hope of emotional and physical prosperity and general wellness in their new year.

13. Add any other personal and family reasons for thanksgiving not mentioned under this today's title.

14. Covers all praises and thanksgiving with the Blood of Jesus Christ and seal with Amen.

**May God accept your person and may your praise and worship be counted as righteousness before God for you and for your children and their children's children now and always in Jesus Christ Mighty Name. Amen!**

**Happy Covenant of Words - Isaiah 59:21.**

- Group Admin, 3pG.